



Woodlands

Pure Vegetarian South Indian Cuisine

*At Woodlands dishes are prepared fresh every day
from fresh vegetables, fruits and finest spices.
We maintain the same tradition of famous authentic
vegetarian cuisine of our homeland Udipi, India*

*We will do our best to make your visit
enjoyable at WOODLANDS.*





SOUPS

1. **RASAM SOUP NJ V**3.50
A traditional South Indian sour n' spicy soup
2. **TOMATO SOUP V**3.50
Homemade fresh tomato soup
3. **SAMBHAR V**3.50
Veggies & lentil in exotic spices

ANY SOUP 1 X 2 . . . 1.50 EXTRA

APPETIZERS

1. **IDLI V**5.50
Steamed rice & lentil cake
2. **MEDHU VADA V**5.50
Fried lentil donut
3. **DAHI VADA SWEET**6.00
Fried lentil donut dipped in sweet yogurt
4. **SAMBHAR VADA V**5.50
Fried lentil donut dipped in sambhar
5. **RASAM VADA NJ V**5.50
Fried lentil donut dipped in rasam
6. **POTATO BONDA V**5.50
Fried Potato dumpling with chickpea flour - a Bombay specialty
7. **VEGETABLE SAMOSA V**5.50
Fried Crispy flaky crust stuffed with potatoes, peas n' spices
8. **VEGETABLE CUTLET V**5.50
Spiced potato and veggie patties, coated with bread crumbs & fried
9. **MIXED VEGETABLE PAKORA V**6.45
Potatoes, onions, chilies, cauliflower dipped in chickpea batter & fried
10. **CHILLI PAKORA V**6.45
Hot Green Peppers dipped in chickpea batter & fried
11. **PANEER PAKORA**7.95
Home made Indian cottage cheese dipped in chickpea batter & fried
12. **ASSORTED APPETIZER V**12.95
Samosa, cutlet, idli, vada, potato bonda & veg. pakora

PLEASE SPECIFY JAIN OR VEGAN PREFERENCE WHEN ORDERING

NJ - NOT JAIN V - CAN BE MADE VEGAN





INDIAN CHAAT
(Potatoes & Chickpeas in Sweet & Spicy Sauce)

- 1. PAPRI CHAAT (6 pcs).....5.95**
Wheat cracker topped with chaat & yogurt
- 2. DAHI PURI (6 pcs).....5.95**
Puffed Wheat cracker filled with chaat & yogurt
- 3. PANI PURI (6 pcs) V.....5.95**
Puffed Wheat cracker served with mashed potatoes & chickpeas & spicy tangy water.
- 4. SEV PURI (6 pcs) V.....5.95**
Wheat cracker topped with chaat & thin gram noodles
- 5. BHEL PURI V.....5.95**
Puffed rice crispy crackers mixed with chaat, onions, tomatoes topped with thin gram noodles
- 6. ALOO TIKKI5.95**
Potato patty filled with home made cottage cheese topped with yogurt, sweet & spicy sauce
- 7. SAMOSA CHAAT V.....6.95**
Samosa topped with chaat & yogurt

CHINESE CORNER

- 1. SPRING ROLL (4 pcs.) V NJ.....5.95**
Seasonal vegetables rolled in crispy wrapper
- 2. GOBI MANCHURIAN (DRY OR CURRY) V.....11.95**
Marinated cauliflower florets sauteed in ginger, garlic, spring onion, chilli & soy sauce
- 3. TOFU MANCHURIAN CURRY V.....10.95**
Tofu sauteed with ginger, garlic, spring onion, chilli & soy sauce
- 4. TOFU CHILLI (DRY) V10.95**
Tofu sauteed with ginger, garlic, onion, bell pepper, chilli & soy sauce
- 5. PANEER CHILLI (DRY)13.95**
Homemade cottage cheese sauteed with ginger, garlic, onion, bell pepper, chilli & soy sauce
- 6. IDLI MANCHURIAN (DRY) V.....10.95**
Fried Idli tossed with garlic, ginger, chilli & soy sauce
- 7. VEGETABLE FRIED RICE V.....10.95**
- 8. VEGETABLE HAKKA NOODLES V.....10.95**
- 9. VEGETABLE CHILLI GARLIC NOODLES NJ V.....10.95**

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DOSA *White Lentil and Rice Crepes*
(Served with Sambhar & Chutney's)

1. **SADA (PLAIN) DOSAI V**.....7.95
2. **MASALA DOSAI V**8.95
With potatoes & onions
3. **SADA MYSORE DOSAI V NJ**.....8.95
With layer of hot chutney
4. **MYSORE MASALA DOSAI V NJ**.....9.95
With layers of hot chutney, filled with potatoes & onions
5. **ONION DOSAI V**.....8.95
With onion topping
6. **ONION MASALA DOSAI V**.....9.95
With onion topping, filled with potatoes & onions
7. **BUTTER MASALA DOSAI**.....10.95
With potatoes & onions, cooked in butter
8. **PAPER DOSAI V**9.95
Thin 'n' crispy
9. **PAPER MASALA DOSAI V**.....10.95
Thin 'n' crispy filled with potatoes & onions
10. **WOODLAND'S SPECIAL SPRING DOSAI V NJ**.....10.95
Rolled with sauteed seasonal vegetables & hot chutney
11. **PANEER DOSAI**13.95
Rolled with Indian cottage cheese
12. **CHEESE DOSAI**8.95
With Cheddar & Monterey Jack cheese
13. **CHEESE SPRING DOSAI**10.95
Rolled with Cheddar, Monterey Jack cheese & garden fresh vegetables
14. **CHINESE DOSAI V NJ**.....10.95
Rolled with garden fresh vegetables in special Manchurian sauce
15. **SPINACH DOSAI V**.....9.95
Rolled with sauteed spinach

RAVA DOSA *Cream of Wheat Crepes*
(Served with Sambhar & Chutney's)

1. **SADA (PLAIN) RAVA DOSAI V**.....9.95
2. **SPECIAL RAVA DOSAI V**10.95
With onions & chillies
3. **SPECIAL RAVA MASALA DOSAI V**.....11.95
With onions & chillies filled with potatoes & onions
4. **PANEER RAVA DOSAI**13.95
With Indian cottage cheese sauteed in tomatoes & spices

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UTHAPPAM Indian Style Pancakes (Served with Sambhar & Chutneys)

1. **PLAIN UTHAPPAM V**.....7.95
2. **VEGETABLE UTHAPPAM V**.....9.95
3. **PANEER UTHAPPAM**11.95
4. **MASALA UTHAPPAM V**.....9.95
5. **CHOOSE YOUR TOPPING V**.....9.95

Tomato, Onion, Chilli, Peas

SPECIALITIES

1. **PAV BHAJI**8.95
Fresh vegetables cooked in a tangy sauce served with 2 breads
2. **POORI BHAJI NJ V**9.95
Fried fluffy wheat bread served with spicy potatoes
3. **CHANA POORI V**11.95
Fried fluffy wheat bread served with chickpea curry
4. **CHANA BHATURA V**.....11.95
A large fluffy bread served with chickpea curry
5. **AVIAL PONGAL**.....12.95
Seasonal vegetables cooked in coconut sauce. Rice and lentil cooked in Indian spices and served with Sambhar.
6. **SPECIAL UPMA NJ**9.95
Cream of wheat with green peas, garnished with nuts served with coconut chutney, pickle & papadum
7. **CHOCOLATE DOSA**10.95
Hazelnut spread layered on the Dosa served with chocolate syrup & a scoop of vanilla ice cream

DINNER SPECIALS

1. **SOUTH INDIAN THALI V NJ**.....17.95
Poori, White Rice, Sambhar, Dal, Kootu, Avial, Poriyal, Rasam, Curd, Pickle, Papad, Payasam & Tea
2. **WOODLANDS SPECIAL DINNER V**17.95
Choice of Soup, Idli or Vada with Sambhar & Chutney. Choice of Dosai or Uthappa with Sambhar & Chutney & Tea
3. **MYSORE ROYAL THALI V NJ**20.95
Appetizers - Vegetable Samosa, Cutlet & Medu vada, Poori, Special Rice, White Rice, Sambhar, Kootu, Chana Masala, Avial, Rasam, Curd, Pickle, Papad, Payasam & Tea
4. **NORTH INDIAN THALI V NJ**.....20.95
Naan, White Rice, Special Rice, Paneer Curry, Chana Masala, Dal Tadka, Potato Pakora, Dry Vegetable, Tomato Soup, Raita, Pickle, Gulab Jarmun, & Tea

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CURRIES (Served with Rice)

1. **DAL TADKA NJ V**.....10.95
Yellow lentil cooked with onion, tomatoes & Indian spices
2. **CHANA MASALA V**.....12.95
Chickpeas in exotic Indian spices
3. **ALOO GOBI V**.....12.95
Cubes of potatoes & cauliflower with Indian spices
4. **BAINGAN BHARTA V NJ**.....12.95
Fresh eggplant baked on a low flame, mashed & cooked with onion, tomatoes and Indian spices
5. **SPECIAL VEGETABLE CURRY V**.....12.95
Cubes of fresh vegetables cooked with tomato based sauce
6. **VEGETABLE KORMA V**.....12.95
Garden fresh vegetables cooked in spices and coconut milk
7. **KADAI BHINDI MASALA V**.....12.95
Tender okra cooked with tomato, onion, bell pepper & Indian spices
8. **ALOO PALAK V**.....12.95
Fresh spinach & potato cooked with tomato & Indian spices
9. **DAL MAKHANI V**.....12.95
Kidney beans, yellow and black lentil cooked with onion, tomato & Indian spices
10. **MUSHROOM MASALA V**.....12.95
Mushroom cooked with tomato based sauce & Indian spices
11. **AVIAL**.....12.95
Seasonal vegetables cooked in coconut sauce with Coastal Indian spices
12. **VEGETABLE MAKHANI V**.....13.95
Mixed vegetables cooked in tomato based creamy sauce with spices
13. **ALOO MUTTER or MUTTER PANEER/TOFU V**.....13.95
Green peas cooked with cube of Indian cottage cheese or tofu or potatoes and Indian spices
14. **SHAHI PANEER/TOFU V**.....13.95
Indian homemade cottage cheese or tofu cooked with white creamy sauce
15. **PALAK PANEER/TOFU V**.....13.95
Spinach & Indian cottage cheese or tofu cooked with mild spices
16. **MALAI KOFTA**.....13.95
Vegetable balls cooked in our special sauce
17. **PANEER BHURJI**.....13.95
Grated homemade cottage cheese cooked with tomatoes & spices
18. **METHI MALAI MUTTER**.....13.95
Fenugreek leaves cooked in creamy sauce with green peas
19. **PANEER/TOFU MAKHANI V**.....13.95
Cubes of Indian cottage cheese or tofu cooked in a tomato based creamy sauce with spices
20. **KADAI PANEER/TOFU V**.....13.95
Homemade cottage cheese or tofu with onion & bell pepper, simmered in special chef sauce
21. **PANEER/TOFU TIKKA MASALA V**.....13.95
Homemade cottage cheese or tofu with onion & bell pepper, cooked in special tomato sauce

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PULAVS *Basmati Rice*
(Served with Raita, Pickle, Papadums)

1. **VEGETABLE PULAV V**.....7.95
Basmati rice steamed with vegetables & spices
2. **BISI BELE BATH V**.....7.95
Rice cooked with lentils & garden fresh vegetables
3. **BAGALA BATH**.....7.95
Yogurt rice garnished with mustard seeds, cucumber & carrots
4. **COCONUT RICE V**.....7.95
5. **JEERA RICE V**.....7.95
6. **TOMATO RICE V**.....7.95
7. **LEMON RICE V**.....7.95
8. **TAMARIND RICE V**.....7.95
9. **VEGETABLE BIRYANI NJ**8.95

BREADS

1. **BHATURA V** *Large puffy bread*3.95
2. **POORI (2 pcs.) V** *Fried fluffy wheat bread*3.45
3. **CHAPATTI (2 pcs.) V** *Soft thin wheat bread*3.45
4. **PARATHA V** *Multi-layered wheat bread*3.45
5. **ALOO or PEAS PARATHA V** *Wheat bread filled w/potatoes or peas. Served w/raita & pickle*4.95
6. **NAAN V** *Tandoori baked bread*2.50
7. **GARLIC NAAN V NJ** *Tandoori baked bread with garlic, cilantro & spices*.....3.00
8. **ONION NAAN V NJ** *Tandoori baked bread with onion, cilantro & spices*.....3.00
9. **FIRE NAAN V** *Tandoori baked bread with green chillies & spices*3.00
10. **KULCHA (ONION / GARLIC / CHILLI) V**.....3.50
Tandoori bread stuffed with onion or garlic or chilli & cilantro & spices
11. **PANEER KULCHA** *Tandoori bread stuffed with paneer, cilantro & spices*.....4.95

SIDES

1. **MANGO CHUTNEY V**.....1.95
2. **ONION CHUTNEY NJ V**.....1.95
3. **PAPADUM (3 pcs.) V**.....1.95
4. **MOLAGA PODI (Gun Powder) V** *A spicy mix of ingredients*1.95
5. **RAITA** *Yogurt with cucumber, tomato & carrots*.....1.95
6. **DISH OF RICE V**2.95
7. **YOGURT**1.50
8. **LEMON PICKLE V**1.50
9. **EXTRA CHUTNEY**1.50

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DESSERTS

1. **RASMALAI (2 pcs.)**3.95
Homemade cottage cheese in a special condensed milk, flavored with rose water & garnished with pistachio nuts
2. **GULAB JAMUN (2 pcs.)**.....3.95
Fried dry milk & cottage cheese balls in light syrup & rose water
3. **CARROT HALWA** *Grated carrots cooked in honey & butter*.....3.95
4. **MADRAS SPECIAL PAYASAM**3.95
Fine vermicelli cooked in milk & honey, garnished with raisins & cashews
5. **ICE CREAM** *Vanilla, mango or pistachio*3.95
6. **HALWA ICE CREAM** *Carrot halwa with choice of ice cream (vanilla, mango or pistachio)*5.45
7. **KULFI** *Homemade plain, mango or pistachio ice cream*.....4.95
8. **KULFI FALOODA** *Kulfi with vermicelli & rose syrup*.....5.45
9. **CHOCOLATE DOSA (SMALL)**
Hazelnut spread layered on the Dosa served with chocolate syrup & a scoop of vanilla ice cream.....7.95

VEGAN DESSERTS

1. **RICE PUDDING**4.45

BEVERAGES

1. **ASSORTED SODAS V**1.95
2. **THUMS UP/LIMCA (Indian Soda) V**.....2.45
3. **ICED TEA (Unsweetened) V**.....1.95
4. **MYSORE COFFEE**2.45
5. **INDIAN TEA with milk**2.00
6. **MANGO JUICE V** **1 BY 2 . . \$1.50 EXTRA**2.95
7. **MANGO MILK SHAKE**..... **1 BY 2 . . \$1.50 EXTRA**3.45
8. **LASSI (Sweet or Salty)** **1 BY 2 . . \$1.50 EXTRA**3.45
9. **MANGO LASSI** **1 BY 2 . . \$1.50 EXTRA**3.95
10. **FALOODA** **1 BY 2 . . \$1.50 EXTRA**5.45
11. **BOTTLED WATER V**1.45
12. **FRESH LIME SODA V**.....2.45
13. **PERRIER V**.....2.45

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FOOD ALLERGY NOTICE: PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN MILK, WHEAT, NUTS AND SOYBEAN.

LIVE DOSA STATION FOR INDOOR AND OUTDOOR CATERING. PROPANE OR ELECTRIC OPTIONS AVAILABLE.

WE OFFER AUTHENTIC VEGETARIAN CATERING FOR ANY SPECIAL EVENT

MAJOR CREDIT CARDS ACCEPTED • SORRY NO PERSONAL CHECKS

